## Greenfields Children's Centre Spring Term 2025 (January - March) Week 1 starts on 6<sup>th</sup> January 2025



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast	Toast Cereal Fruit	Porridge Cereal Fruit	Yoghurt Cereal Fruit	Toast Cereal Fruit	Porridge Cereal Fruit
	Lunch	Pasta with vegetables	Pizza	Fish fingers Vegetable fingers	Roast lunch Tofu alternative	Lentil curry and chapatis
		Salad	Salad	Mash Beans	Roast potatoes and seasonal vegetables	Cucumber salad
		Fruit cake	Fresh fruit	Apple crumble with custard	Ice cream	Semolina
	Теа	Fresh fruit and milk Fruit scones	Fresh fruit and milk Beans on toast	Fresh fruit and milk Healthy banana muffins	Fresh fruit and milk Cheese on toast	Fresh fruit and milk Beans on toast
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Breakfast	Toast Cereal Fruit	Porridge Cereal Fruit	Yoghurt Cereal Fruit	Toast Cereal Fruit	Porridge Cereal Fruit
	Lunch	Vegetarian spaghetti Bolognese	Roast lunch Tofu alternative	Curry	Pizza	Cheese and potato pie
			Roast potatoes and seasonal vegetables	Rice	Mixed seasonal salad	Beans
		Fresh fruit	Ice-cream	Cake and custard	Fruit yoghurt	Banana bread
	Теа	Fresh fruit and milk Lemon slice	Fresh fruit and milk Cheese on toast	Fresh fruit and milk Apple turnovers	Fresh fruit and milk Vegetarian sausage rolls	Fresh fruit and milk Lemon muffins
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Breakfast	Toast Cereal Fruit	Porridge Cereal Fruit	Yoghurt Cereal Fruit	Toast Cereal Fruit	Porridge Cereal Fruit
	Lunch	Vegetable Curry	Pizza	Homemade chicken burgers Homemade veg burger	Pasta with vegetables	Pilau
		Rice	Salad	Salad	Salad	Yoghurt Salad
		Ice-cream	Chocolate cake and custard	Fresh fruit	Fruit cobbler	Bananas in custard
	Tea	Fresh fruit and milk Scones	Fresh fruit and milk Muffins	Fresh fruit and milk Soup with bread rolls	Fresh fruit and milk Make your own sandwiches	Fresh fruit and milk Cookies